

Kaiser Hayward PT Fellowship

Alumni Newsletter - Fall 2007

AAOMPT Conference – St. Louis, Missouri, October 19 -20th, 2007

This year we sponsored a booth at the AAOMPT meeting – it was well received and many alumni helped with ‘manning’ the booth. Thank you to all alumni and faculty who chipped in to help!

Carol Jo was given the designation of Honorary Fellow of the AAOMPT, in recognition for her long term work in building residency education in the United States.

Next year’s convention will be in Seattle Washington on the October 30-November 1st weekend. **Hope you make plans to come as there are LOTS of alumni and faculty to hang out with!**

Visit our GREAT website and encourage your colleagues too!

We have a new home page at www.kaiserhaywardptresidency.com where you will see application deadlines, a faculty spotlight, seminar papers, and clinical pearls from the alumni. These features will change monthly so every time you visit the website there will be some new information! Spread the word and **encourage your colleagues and students** to visit our website regularly.

Keep up your Fellowship status by contributing to our fellowship WEBSITE

Some of you are new Fellows in the AAOMPT; others will be due for renewal in a couple of years -- it is important to review the renewal requirements so that you are achieving the milestones to keep your Fellow status. Visit the aaompt.org website and print the renewal application which requires you to document patient care hours, con ed, teaching, scholarly activity and professional service.

You can receive credit for a scholarly publication if you contribute a seminar paper with literature review, case study, and/or clinical pearl (home exercise or technique description) to our website. If you wrote a seminar paper during the program, it can be considered for publication on the website if the literature is updated. We also want to create a series of short self-study modules of post-surgical protocols that alumni can use as quick references. The self-study module will outline key elements of post-surgical rehab and links to resources and references on the web.

Contact Carol Jo if you wish to create a scholarly publication for the website.

SAVE THE DATE: Teaching Grade 5 Mobilization in Entry Level PT Programs

Starting in 2006 PT academic programs accredited by the APTA must show evidence that they are teaching the whole range of manual therapy techniques from mobilization to high velocity thrust. Many of you are aware that the AAOMPT developed a training curriculum which is now being taught in various states. Kaiser Hayward received

permission from the AAOMPT to modify and expand this curriculum. We have developed a train the trainers course which includes content on common pitfalls in technique instruction with high velocity techniques, indications and contra-indications, how to supervise students in the use of six high velocity techniques. Course materials will focus on the following techniques: talocrural longitudinal, lumbar local, SIJ regional, thoracic rotary PA, thoracic supine, and cuboid whip. You will receive an **extensive training curriculum** which includes videotapes of all techniques, case studies to reinforce clinical reasoning, and current evidence.

The training curriculum is designed to assist graduates to teach these techniques in their own departments, in academic programs and/or in community courses for physical therapists. The course will be offered on **March 15-16th at Kaiser Union City. The course will run 8:30 am – 5:00 pm both days. Accommodations on start time for Sunday March 16th will be made for individuals who wish to attend Palm Sunday services.**

Cost is \$325. Course is designed for graduates of the Fellowship program who are currently using the above Grade 5 mobilization techniques. Brief review of techniques will be included but the main emphasis of the course is NOT on technique instruction. The flyers will be mailed in early January. If you have questions, contact caroljo.tichenor@kp.org.

WEBSITE UPDATE: IAOPT.org

Every time you visit the program website, also go to the alumni website!

Coming VERY soon -- Improvements to the alumni directory include: ability for alumni to directly update their contact information on the web (this will also automatically generate an email to the IAOPT office informing them of the change). The directory will also be interactive so that you can search for alumni by either name or location. Hopefully this will facilitate finding skilled therapists in different parts of the country.

Course offerings: Alumni will have the ability to register and pay for upcoming courses via Paypal or credit card through the website.

Reading lists for the PT Fellowship are now posted on the website – we'll update it regularly as the list changes through the year. Keep current!

Next improvement to look out for: job postings! Alumni will be able to post job listings which should help those employers looking for fellowship graduates.

If you have any other suggestions for improvements to the website, please let us know!
Haideh Plock President, IAOPT

Update your HOME contact information:

Soon we will communicate with alumni primarily by email contact. Please take the time to send us the following information. Send to Jean.holien@kp.org or

Fax back to 510 675 3241. Attn: Jean Holien

Please note that the iaopt updates noted ABOVE are for your employment only so that you can make referrals to other alumni. At the PT Fellowship office we need current data on your HOME address so that we can send newsletters or other course materials.

Name_____

Home address including city/state/zip_____

Home phone:_____

Work address: (including name of practice or hospital, address)

Work phone:_____

Work fax_____

____I give permission to have my work contact information to be posted on the iaopt website.

____I give permission for the following information to be given to individuals interested in finding out more about the program.

____email address

____work phone

____home phone

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